

NDIS Parent & Carer Training



2020 Catalogue



Developmental Disability WA
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2020 PROGRAM

NDIS Training for Carers/Parents

Do you feel you need training in ways to support your son's or daughter's development and for them to have positive relationships at home, school and work? Here's how you can use NDIS funding to help you feel more knowledgeable, confident and empowered in supporting them.

You may be able to **access funding for training**, if you include in your family member's NDIS plan, a goal to increase your knowledge and skills. Example goal—Increase my ability to support my child because I don't understand his behaviour and I **don't** know how to support him.

Current training available:

1. Behaviour Support into Practice 
2. Introduction to Supporting Communication
3. First Aid Essentials for Families
4. Safe Guardianship

If you do not currently have NDIS Carers/Parents training in your plan, or you don't have access to NDIS funding (and you would like to attend a session), please contact us on (08) 9420 7203



Step-by-Step guide to Training for Carers/Parents

NDIS Price Guide: Support Item Number: 15_038_0117_1_3

Step 1 Think about the training, skills and information you need in order to assist your family member to achieve their goals and enhance your ability to provide care.

Step 2 NDIS Planning Meeting

- Take this booklet (or individual pages of the workshops) to your NDIS planning meeting.
- Show the NDIS Planner the specific training/workshops in the catalogue that you would like to attend and to be included in the NDIS plan.
- Inform the Planner how the workshop/s will enhance the ability for you to provide care, be more knowledgeable and capable in your role as carer.

Quote the NDIS Price Guide: Training for Carers/Parents

Support Item Number: 15_038_0117_1_3

Support Category: Capacity Building - Improved Daily Living Skills

Step 3 NDIS plan received

When DDWA Parent/Carer training has been allocated:

- Go to the DDWA website and register your attendance for the workshop/s: ddwa.org.au/product-category/training/
- You can register additional family members, support staff or peer group members at a reduced rate.

(Refer 'Pricing' at the bottom of each page in this booklet)

Step 4 A DDWA team member will contact you about the workshop and the signing of a service agreement.
Call us on (08) 9420 7203 to arrange this, if you prefer, or if you have any further questions.

Step 5 If NDIS funding is not available please call the DDWA office.

Step 6 Attend the training.

Pricing—This booklet reflects Perth metropolitan pricing and may vary in regional areas.



Behaviour Support into Practice #03



Weekend Retreat for Parents

Do you have a child with a disability whose behaviours can sometimes be challenging, and would you like the opportunity to connect with, and learn alongside other families experiencing similar circumstances?

DDWA runs personalised training retreats for small groups of parents at which you can take part in a comprehensive program of workshops, covering a range of subjects in a relaxed and supportive environment. Retreats follow a 'peer-to-peer' family support model, which centres around sharing experiences and expertise, and providing guidance, and emotional support. Each retreat is customised to meet the needs of the group, learning through formal sessions, informal conversations and friendships that develop over the weekend. Past retreats have included (but are not limited to) workshops and discussions about:



- ✓ **Understanding behaviour**
- ✓ **Communication**
- ✓ **Family leadership**
- ✓ **What is inclusion?**
- ✓ **Home**
- ✓ **Medical emergency planning**
- ✓ **Looking after yourself**

DDWA retreats offer you a space to take time-out, connect with other parents, and to deepen your understanding about the supports and services that are available to you and your family.

“The best thing about the retreat was feeling surrounded by people who get it”

“I enjoyed listening to other people’s stories, experiences and ideas”

“The thing I will remember the most from the retreat is making new friends and creating a vision for my son’s future” (Parents)

PRICING: 16 hours over 2 days (Friday evening until Sunday mid-morning)

Additional family members or support staff

\$ 75.00 inc GST

NDIS funding—DDWA or Self managed funding

\$917.12 GST free

If you do not have funding, please call us

(Quote NDIS Ref: 15_038_0117_1_3)

Introduction to Supporting Communication

#04



Does your child or family member have difficulties communicating - perhaps they can only say or sign a few words or perhaps they do not yet have any easily understood sounds or gestures? Have you been given different advice or opinions that have left you frustrated and unsure of the best way to support your loved one to meet their communication needs?

This session will provide you with an introduction to the most up to date understandings and best practices for supporting people with complex communication needs. It will equip you with the knowledge you need to find professionals who can help you and your loved one on the journey to more successful ways of communicating. It will help you understand what can be expected along that journey and what supports are required for your family member with complex communication needs and all of the people they interact with.

In this workshop series we consider:

- ✓ Why and how everyone can communicate, regardless of their disability
- ✓ Your loved one's right to be heard, listened to and responded to by others
- ✓ Valuing all forms of communication, including those that are used instead of or as well as speech (alternative and augmentative communication – AAC)
- ✓ Supporting communication for interaction and relationships
- ✓ What it takes to learn to communicate in new ways (for example using a communication device)
- ✓ Practical things we can do to support our child or loved one with CCN learn to communicate in new ways
- ✓ What to look for when seeking therapists and other professionals to support you and your loved one on the journey to more successful communication
- ✓ Where to find further information and support to take the next step on your communication journey with your child or loved one with CCN



PRICING for 2 Hour session

Additional family members or support staff

\$ 20.00 inc GST

NDIS funding—DDWA or Self managed funding

\$114.64 GST free

If you do not have funding, please call us

(Quote NDIS Ref: 15_038_0117_1_3)

First Aid Essentials for Families #11

Have you ever done a first aid course? Do you know how to adapt some of the standard first aid procedures to assist someone with disability eg. wheelchair user?



This practical session will provide families with the knowledge and skills they need to support their family member with disability in an emergency. The presenter has medical knowledge and a greater understanding of different types of disability and how to adapt the standard procedures for a person with disability.

In this session you will learn how to respond to:

- Allergic reactions
- Anaphylaxis including administering Epi Pens for amputees
- Bleeding control
- Burns
- Chest pain, heart attack and conducting CPR for wheelchair users
- Choking and airway obstruction including how to assist wheelchair users
- Diabetic reactions
- Fractures, sprains and strains using immobilisation techniques
- Respiratory distress, including asthma
- Shock
- Snake bite using pressure immobilisation
- Stroke



These sessions are delivered in partnership with



“ His teaching style made it easy to recall the information which is important for tired mum brains. Wish I had the opportunity when my son was a baby”. Parent

PRICING for 3.5 Hour session

Additional family members or support staff

NDIS funding—DDWA or Self managed funding

If you do not have funding, please call us

\$ 85.00 inc GST

\$200.62 GST free

(Quote NDIS Ref: 15_038_0117_1_3)

Safe Guardianship #12



Does your adult family member have ‘capacity’ to make informed decisions about their lives? If not, a formal Guardian and/or Administrator may be appointed, if necessary, to ensure that they are given the support and protection they require.

This practical session will provide families with a clearer understanding of Guardianship and Administration orders which can often be confusing and also assist families in deciding when they may be needed in the future.

Areas to be covered in the workshop include:

- A clear definition of Guardianship and Administrative Orders
- Who can be appointed as a Guardian or Administrator
- When families might consider applying
- How to apply
- The role of the State Administrative Tribunal (SAT) in making these orders
- What happens at a SAT Hearing
- The role of the Office of the Public Advocate and the Public Trustee
- A clear definition of Enduring Power of Attorney / Guardianship and when it can be applied



This session will be delivered by Future Living who have experience and expertise in delivering education to parents around future planning for their family member.

These sessions are delivered in partnership with



“ I now have a clearer understanding of what Guardianship & Administration is all about and if I might need it for my adult daughter.” Parent

PRICING for 3.5 Hour session (small group)
Additional family members or support staff
NDIS funding—DDWA or Self managed funding
If you do not have funding, please call us

\$ 25.00 inc GST
\$200.62 GST free
(Quote NDIS Ref: 15_038_0117_1_3)

About our facilitators:

Bronwyn Pike — Bronwyn has worked for over 20 years within a variety of human services, with her focus on supporting individuals and families to plan, develop and self-direct their supports. Her current role as Side By Side Manager at DDWA has seen her working closely with families to co-design a family partnership model of support specifically targeted towards families which are living with challenging behavior.



Sarah Howard (Future Living Trust)

Sara has worked for 35 years in the disability sector in the areas of Program Management, Employment and Accommodation. Since joining Future Living as the Services Coordinator, her focus has been on the coordination of Support Networks & Visiting Services. Both of which been designed to protect people from social isolation and provide safeguarding strategies.



Laura Jones— Originally a classroom teacher, Laura is an educator and advocate with a deep commitment to providing access to communication and literacy for all. She has worked in varied roles over the last 20 years in early intervention, schools and community settings where she has worked with many children and adults with complex communication support needs, their families, educators, therapists and support teams. Laura was part of the Steering Committee that collaborated to create the Graduate Certificate in Education (Special Education: Complex Communication Needs) at Edith Cowan University in Western Australia. She was the primary developer of the unit 'EDU5310: Being an effective communication partner' and since the course launched in 2015, Laura has been the lecturer of both this unit and 'EDU5315: Communication, language and literacy instruction for all students'.





Information

08 9420 7203

Visit us

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