



Early Days Workshops

Western Australia



Early Days workshops are run throughout the year for parents of young children under school age who have recently been diagnosed with an Autism Spectrum Disorder (ASD), or referred for an assessment.

The workshops are designed to support parents who are in the 'early days' of their journey through the assessment and diagnosis process.

Workshops are held in small groups to give parents the opportunity to meet each other. These workshops are based on current research in supporting children with Autism, and provide families with practical strategies to encourage their child's learning at home.

All workshops are delivered by trained facilitators with experience in ASD. These workshops are fully funded by the Australian Government's Helping Children with Autism initiative.

Early Days Workshops and their Outcomes:

1 DAY WORKSHOPS

My Child and Autism

- Understand Autism Spectrum Disorder (ASD) and what it means for your family
- Learn Practical Strategies to assist your child
- Learn how to select and maximize therapy services

Understanding Behaviour Workshop

- Understand your child's behaviour
- Learn strategies to teach your child appropriate behaviour
- Develop techniques to promote positive behaviours

3 HOUR WORKSHOPS

Developing My Child's Independence

- Understand why everyday self care skills can be hard for children with ASD
- Learn teaching strategies for common challenges including toileting, eating and sleeping

Progression to School

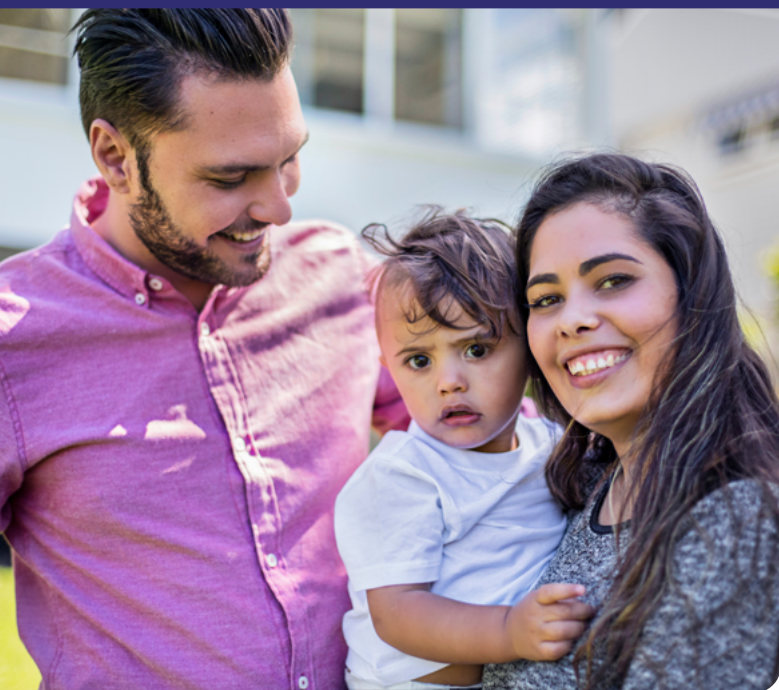
- Understand the keys to success for preparing your child for school
- Learn strategies to help prepare your child for school

Encouraging Interaction through Play & Social Learning

- Understand why your child's play is different
- Learn strategies to help your child build skills such as imitation and imagination, and playing with others

Helping My Child Cope with Change

- Identify why change is challenging for your child and how it impacts on their behaviour
- Learn strategies for preparing your child for the changes of everyday life



Workshops are run from our centres located in Shenton Park, Midland, East Fremantle, Joondalup, and Gosnells.

Workshops can be run in other locations on request, please contact us at early.days@autism.org.au to chat about options



Workshops for families in regional and remote WA

Living outside of Perth doesn't mean you have to miss out on these important workshops.

Workshops can be run on request for families living in regional Western Australia. Workshops are run by phone, webinar or video conferencing, where our staff will work together with local organisations to organise a central location and web facilities for families to attend the workshop, or families can link in from home via the Zoom application.

On some occasions, workshops may be delivered locally in a regional location. A minimum of 10 participants is required for face to face workshops.

Workshops for Aboriginal and Torres Strait Islander families

Tailored Early Days workshops are available for Aboriginal and Torres Strait Islander families. All Early Days facilitators have completed cultural competency training and work alongside an Early Intervention Indigenous Liaison Officer. Workshops can be delivered in the family home, where all family members who care for the child are welcome to attend.

Early Days Online Workshops

A selection of Early Days workshops can be accessed online at any time for free through the Raising Children Network website. This allows parents and carers to work through materials at their own pace.

Visit <https://raisingchildren.net.au/autism>

For Fathers

Some of our workshops also cater specifically for fathers of young children who have or are suspected to have an autism spectrum disorder. The workshop covers much of the same material, but are run by male facilitators to foster open and honest discussions recognising some of the challenges unique to fathers.

Do you speak another language at home?

Workshops can be translated into all languages for families who prefer to have the workshop provided in their own language. Workshops can be provided in either a one on one or group environment.

To arrange a workshop please contact us at early.days@autism.org.au